Resources for ADHD

1.Chesapeake ADHD Center

[www.chesapeakeadd.com](http://www.chesapeakeadd.com)

2.CHADD

[www.chadd.org/content/CHADD/EFParents/socialskillsforchildren/default.htm](http://www.chadd.org/content/CHADD/EFParents/socialskillsforchildren/default.htm) or

www.chadd-mc.org

3.Northern County Psychiatrics Associates

[www.ncpamd.com/adhd.htm](http://www.ncpamd.com/adhd.htm)

4. [www.labschool.org](http://www.labschool.org)

5. [www.drhallowell.com](http://www.drhallowell.com)

Support Groups

Family-networks.org/support.cfm

Pathfinders

Pathfinders.org/ADHD/ADD

6. [www.addvance.com](http://www.addvance.com)

7. [www.help4adhd.org](http://www.help4adhd.org)

8. Mary Turos at [www.braincogcoach.com](http://www.braincogcoach.com)

BOOKS

ADD/ADHD Behavior Change Resource Kit: Ready to   
Use Strategies and Activities for Helping Children with Attention Deficit Disorder Grad L. Flick

Driven To Distraction Edward Hallowell and John Ratey

How to Reach and Teach Children with ADD/ADHD: practical techniques, strategies and interventions Hoboken, NJ. John Wiley and Sons.

Late, Lost and Unprepared: A Parent’s Guide to Helping Children with Executive Functioning Cooper-Kahn, Joyce and Dietzel, Laurie

No More Ritalin Mary Ann Block

Parenting Children with ADHD: 10 Lessons that Medicine Alone Cannot Teach Vincent Monastra

Smart but Scattered Dawson, Peg and Guare, Richard. Also, by the same authors…Smart but Scattered Teens: The Executive Skills Program for Helping Teens Reach Their Potential

Take Control of ADHD: The Ultimate Guide for Teens with ADHD Ruth Spodak and Kenneth Stevens

Taking Charge of ADHD Russell A. Barkley

The ADHD Workbook for Teens: Activities to Help YOu Gain Motivation and Confidence Laura Hones-Webb

Understanding Girls with ADHD Patricia Quinn, Kathleen Nadeau and Ellen Littman